



Thank you for choosing Absolute Touch Inc, for best results... It is your responsibility to Follow These Instructions Before You Come For Your Tan.

Preparation is the key to a perfect result. Simply follow these steps to achieve ultimate results:

1. Exfoliate thoroughly the night before & Day of your tan. DO NOT USE SOAP OR ANY PRODUCTS WITH OILS OR MOISTURIZERS DURING EXFOLIATION PROCESS.
2. Remember to shave/wax the day before tanning to achieve optimum results.
3. Do not apply deodorant OR moisturizer FOR 1 WEEK PRIOR to your tanning session OR to your tanning session. These can act as a barrier to your tan and prevent even absorption.
4. Wear loose, dark clothing to your tanning appointment. The cosmetic bronzer in the tan may rub off slightly but will easily wash out of most fabrics. Do not wear jeans or tight pants after spray tan applied.
5. Wear open sandals or thongs to your tanning appointment - no socks or sneakers!

IMPORTANT: Do not exercise on the day of your tanning application. Excessive perspiration will adversely affect the development of your tan.

***Please NOTE: Do NOT use Body Butter for at least 1 Month prior to your spray tan.**

Hair removal, other than on the face, should be done the night before your tanning session please wax or Shave DO NOT use hair removal products such as Nair.

All times & room location will be sent out on the Wednesday prior to the show.

Thank you for allowing Absolute Touch to be a part of your important final competition prep.

Hair & Makeup

ABOUT YOUR APPOINTMENT:

- Makeup and hair is done according to the order of events. All clients will be ready by the time the show starts.
- Please note, we schedule according to class first, then order number.
- Hair & Makeup times are final. No time changes are available.

BEAUTY PREP GUIDE

BY:

twochicks
& some lipstick

HAIR:

- Please arrive to your appointment with **CLEAN & DRY** hair.
- Wash hair night before, apply a golf ball size amount of styling mousse into hair and blow dry hair upside down.
- Hair Extensions should be clean, brushed out and ready for application.

MAKEUP:

- Please arrive with **CLEAN & MOISTURIZED SKIN**.
- If you must wax, please do so at least one week before your show.
- Do **NOT** spray tan your face. We will match your colour with makeup. Spray tan on the face may affect the way your makeup goes on.

TOUCH-UPS:

- We are on site 2 hours before the start of the night show for minor touch ups (powder, lips and light hair)
- If you require a major touch up (redo foundation, re apply lashes, re-curl hair, etc.) there will be an additional charge.
- For touch-ups, we recommend bringing a hair brush, hairspray, powder (MAC Careblend Powder in Medium Deep or Dark) a lipgloss (MAC Deelight or Spice)
- We do have a Make Up For Ever touch up kit available at special price. Includes powder and gloss. Please inquire.